

Menu

Plant - based
Organic
No Plastic
Superfoods

Gluten - free
No additives
Cold - pressed
Non pasteurized

Superbowls

Açai Bowl Açai, banana, maple syrup, homemade almond milk, granola, seasonal fruits	12.5
Six Pack Bowl Banana, almond butter, vegan protein, raw cacao, homemade almond milk, granola, seasonal fruits	12.5
Blue Magic Bowl Banana, pineapple, homemade almond milk, blue spirulina granola, seasonal fruits	12.5
Granola bowl Granola (Pink ou Original), coco yogurt & seasonal fruits	12.5

Starters

Smoked Tofu & Tomato Roll Smoked tofu, dried tomato, rice, oat & buckwheat flours, olive oil, psyllium, tamalga	7.9
Lemon Confit Hummus Chickpeas, tahini, lemon, parsley, olive oil, sumac, served with vegetable crackers	6
Chickpea Harissa Chickpeas, celery, vegan meat, cucumber, red onion, parsley, pomegranate, mayo soya harissa, lemon	6.5
Green Muffin Feta, spinach, broccoli, rice flour, oat milk & flakes, mustard, chia seeds, dried tomatoes, cedar pine nuts	5.5

Salads

Winter Protein Bowl Quinoa, cucumber, peas, spinach, parsley, spring onion, mint, pomegranate, olive oil, tamari, pumpkin seeds, dip lemon confit hummus	11.5
Chicken Pad Thai Vegan meat sauce karaage, carrot, chinese cabbage, konjac noodle, snow peas, spring onion, tahini sauce, peanut, coriander	11.5
Green Salsa Potatoes Roasted potato & broccoli, green soya mayo, peas, red onion, spinach, parsley, pumpkin seeds, caper	8.5
Sweet Dill Lentil Lentil, roasted pumpkin, sweet mustard with dill, green & red apple, shallot, parsley, hazelnut, spinach	8.5

Coffee, Tea, Lattes

Chai Latte Homemade almond milk, chai spices	6.9
Matcha Latte Homemade almond milk, matcha, spirulina, maple	6.9
Golden Latte Homemade almond milk, chai spices, cayenne pepper, maple	6.9
Chocolate Chaga Homemade almond milk, raw cocoa, chaga, maple	6.9
Coffee Latte Homemade almond milk, espresso	6.5
Cappuccino Oat milk, espresso	6.5
Americano Coffee Organic & fair trade	3.9
Espresso Organic & fair trade	3.5
Wild Herbal Teas Organic teas & infusions	4

Kombucha

Kombu Chachacha Kombucha, green tea, turmeric, pineapple, ginseng	6.5
Kombu Tiful Kombucha, green tea, acai, blueberry, hibiscus	6.5



Hot Meals

Dish of the day With cereals and seasonal vegetables	12.5
Jack's Bowl Vegan meat, satay sauce, grated carrot, cucumber chinese cabbage, coriander, peanuts - served with cereals	12.5
Wild Nuggets Soy protein, corn, sunflower oil, spices, mustard seed, mayonnaise	12.5

Hot Sandwiches

Cheese Burger Vegan meat, vegan cheddar, gluten-free bun, salad, tomato, onion, pickles, Big Wild sauce <i>Side: veggie chips or coleslaw</i>	14.9
Filet No-Fish No Fish fillet, green tartare sauce, salad, bun	14.9
Banh mi Vegan meat, gluten-free bun, satay sauce, grated carrot, chinese cabbage, cucumber, cilantro	12.5
Grilled Cheezy Gluten-free bun, smoked cheese, salad, spicy mayo	9.9
Hot Dog Vegan sausage, pickles, fried onion, ketchup & mustard sauce, bun gluten-free	9.9

Smoothies

Kid Smoothie Banana, strawberry, baobab, almond, maple	10.9
Monkey Milk Vanilla protein, raw cacao, CBD, almond	10.9
Açai Smoothie Acai, banana, cherry, collagen, maple, almond	10.9
Drive Me Mango Mango, passion fruit, tapioca, maple, almond	10.9
Protein Shake Vegan protein, banana, hemp, orange blossom, almond	10.9
Dr Green Banana, spirulina, chlorella, kale, wheatgrass, fresh mint, almond	10.9
Blue Moon Blueberry, kale, banana, maple, almond, maca	10.9

Nutmylks

Hollyweed Homemade almond milk, CBD extract, cashew, orange blossom, vanilla, maple	7.9
Protein Vanilla Dream Homemade almond milk, hemp, coconut oil, vanilla	7.9
Matcha Mylk Homemade almond milk, matcha, date, vanilla, coconut	7.9

Cold Drinks

Black lemonade Activated carbon, cider vinegar, maple, filtered water	6.5
---	------------

Shots

Bam Shot Lemon, turmeric, ginger, linseed oil, black pepper	5.9
Gut Shot Cider vinegar, lemon, ginger, filtered water	5.9
Beauty Shot Pomegranate, aloe vera, acai, sumac, goji berry, lemon	5.9

Pastries

Blueberry Scone Almond powder, rice flour, blueberry, coconut & oat milk, maple syrup, vanilla cashew sauce	7
Banana Cranberry Cake Mix flours gluten-free, banana, cranberry, almond, oat, coconut, agave, pumpkin seed	7
Smashed Cookie Almond butter, oat milk, almond & rice flour, raw cocoa, maca	7
Babka Cinnamon Cinnamon, rice & oat flour, psyllium, coconut sugar	7
Rice Crispy Puffed rice, vegan white chocolate, peanut butter, coconut oil, hazelnut, chia seeds, sunflower & poppy seeds, ashwagandha	3.9
Wild Bounty Raw cocoa, coconut milk, shredded coconut, vanilla, maple syrup	3.2
Cloud Truffle Almond, raw cacao, coconut, blue spirulina, cacao butter, walnut, cashew, date	3.2
White Love Pop Almond, raw cocoa, vegan white chocolate, coconut, maca	2.5

Fridge Desserts

Protein Overnight Oat Oat & coconut milks, shredded coconut, oat flakes, protein cookie cream, agave syrup, raw cacao nibs, blueberry	5.9
Raw Chocolate Pudding Cashew nuts, raw cocoa, cocoa powder, vanilla, coconut, date, sea salt, orange segment, orange powder	5.9



Cold-pressed Juices

Keep it Clean Celery, cucumber, ginger, lemon, parsley	8.2
Better than Botox Apple, cucumber, beet, pomegranate, aloe vera	7.9
The Glow Cranberry, red apple, mint, lime, collagen	7.9
Bunny Hop Carrot, red apple, lemon juice, vervain	7.9
Morning Glory Clementine, apple, lemon, beetroot, ashawagandha	7.9

 wildandthemoon.fr

 [@wildandthemoon](https://www.instagram.com/wildandthemoon)

*All our prices are in euros, all taxes included.
**Items available depending on supplies.



WILD&MOON